

Summary of the Mayor of London's Healthy Workplace charter

The business benefits of having a healthy, fit and committed workforce are now recognised. These include lower absence rates, fewer accidents, improved productivity, staff who are engaged and committed to the organisation and fitter employees as they grow older. Organisations that commit to wellbeing can expect improved business outcomes.

The Mayor of London's Healthy Workplace charter provides a framework for action to help employers build good practice in health and work in their organisation.

The charter supports all types of employers, large and small, from the public, private or voluntary sectors. Using the self -assessment framework your organisation can find out what it is already doing that fits into the ethos of the charter as well as where it might need to improve.

The framework reflects best practice and is endorsed nationally by Public Health England.

By using the charter organisations can benefit from:

- the ability to audit and benchmark against an established and independent set of standards –
- identifying what the organisation already has in place and what gaps, there may be in the health, safety and wellbeing of employees.
- developing strategies and plans –the charter provides a clear structure
- that organisations can use to develop health, safety and wellbeing strategies and plans.
- recognition - the award helps to strengthen the organisation's brand and reputation and supports sales and marketing activities.

Accredited organisations will receive a logo helping them to stand out as employers. Representatives will also be invited to exclusive awards ceremony at City Hall

The charter standards:

- Corporate support for wellbeing
- Attendance management
- Health and safety requirements
- Mental health and wellbeing
- Tobacco
- Physical activity
- Healthy eating
- Problematic use of alcohol and other substances